

**MINNESOTA WALK TO EMMAUS COMMUNITY  
SPONSOR'S CHECKLIST**

**PRIOR TO WALK**

- Attend sponsorship training.
- Pray for my pilgrim.
- Sign up for a designated prayer time slot.
- Answer any questions my pilgrim has.
- If my pilgrim is married, present the Walk to Emmaus to the spouse as well.
- Complete the Sponsor Application form and the Pilgrim Application form, and submit both to MWTE, along with the Walk fee payment.
- Write my own personal agape letter to my pilgrim.
- Obtain Agape letters from 8-12 family members and close friends.
- Explain to my pilgrim what to bring to the Walk: Comfortable clothing and shoes, jacket, umbrella, flashlight, insect repellent, medications, personal items, extra bath towels.
- Explain to my pilgrim what NOT to bring to the Walk: Books, radios, clocks, watches, cell phones, pagers, PDAs, cameras, food.
- Make arrangements to take care of the pilgrim's personal responsibilities during the Walk weekend, such as child care, meals, house-sitting, pets, mail, plants, carpools, etc.

**WALK WEEKEND**

**Thursday:**

- Pray for my pilgrim.
- Make sure I have my own personal Agape letter for the pilgrim.
- Make sure I have the 8-12 letters from family members and close friends, including the pilgrim's spouse if he/she is married.
- Clearly mark the letters. In the upper left hand corner of all the envelopes, put the symbol for who the letter is from (spouse, sponsor, child, close friend, etc.) In the center of all the envelopes, I have written the pilgrim's FIRST and LAST NAME.
- Pick my pilgrim up and have a light meal if necessary prior to arriving at the WALK SITE. (Snack supper consisting of finger foods is provided, but the pilgrim may want to eat prior to arriving.)
- Take my pilgrim to the WALK SITE, arriving between 6:15 and 7:00 p.m. on Thursday.
- Give the LETTERS and any AGAPE to the WALK TEAM.
- Attend Send-Off and Sponsor's Hour from 7:15-8:15.

**Friday:**

- Pray for my pilgrim.

**Saturday:**

- Pray for my pilgrim.
- Attend Candlelight, arriving at the WALK SITE by 8:15 p.m.

**Sunday:**

- Pray for my pilgrim.
- Attend Closing, arriving at the walk location by 4:30 p.m.
- Give any personal agape I may have to my pilgrim at THIS time and NOT prior to the Walk.
- Take my pilgrim home.

**AFTER THE WALK:**

- Pray for my pilgrim.
- Check on my pilgrim to see if they have questions and to make sure everything is OK.
- Help my pilgrim get established in a reunion accountability group.
- Bring my pilgrim to the scheduled 4th Day Event Follow-Up meeting and Community Gathering.